

MILTON-FREEWATER AQUATIC CENTER RULES

General Facility Rules:

NO RUNNING anywhere in the facility!
Obey lifeguards and staff at all times.
No hanging or sitting on any ropes or the volleyball net.
Change into swimwear in the locker rooms.
No spitting off the slide or anywhere in the facility.
No glass, knives, alcohol, tobacco, or firearms allowed in the facility.
All food, drink, chairs and street clothes must be kept behind the blue line.
No foul language.
Please refrain from public displays of affection.
Shower off before coming into the pool from the sand areas.
No throwing sand.
Please help keep water out of the sand area.



Slide Rules:

Children must be 48 inches tall or very good swimmers to go down the blue slide.
Floatation devices are not allowed on the slide.
Clothing or jewelry that could scratch the slide is not permitted.
Only one person on the slide at a time.
Wait for the attendant's signal before going down the slide.
You must go down feet first, sitting up or laying on your back.
Do NOT run, dive, stand, kneel, spin, or stop on the slide.
Keep arms and hands inside the slide at all times.
Exit the slide pool immediately after coming off the slide.
Do NOT go under the rope into the yellow slide pool!
YELLOW SLIDE pool is 6 feet deep. You MUST be able to SWIM to go down the yellow slide.

Pool Rules:

Appropriate swimwear must be worn. (No jean material, underwear, white shirts with bras underneath, etc.)
Children in the pool that are not potty-trained must wear swimmer diapers, or have diapers covered with leak-proof plastic bottoms.
Children under 7 years of age must be supervised at all times.
No diving.
No hanging on the basketball hoops. Do not touch the rim. No shooting from outside the pool.
No horseplay (dunking, hitting, pushing, etc.)
No shoulder rides.
Go under the ropes, and do not hang on them.
Do not throw people in the air.
Non-swimmers are not allowed in the competition pool unless they are supervised. NOT even with a floatation device.
No jumping onto floatation devices from the side of the pool.
Please do not run in the zero depth pool.
No food or drink is allowed in the pool.

The staff's main goal is to ensure the safety of all patrons.
If you have any questions or concerns, please let us know.